



Just Add Family: Delicious Recipes for the Entire Family

- More than 100 great meals to bring you and your family together
- Cooking tips from real families
- Special recipe from Ruben Studdard's mother and our 2007-08 Youth of the Year Demetrice Tuttle



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The Purpose of this Cookbook

Special Forward by Judge Glenda Hatchet

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mother of Ruben Studdard, recording artist and Boys & Girls Club alumnus

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Demetrice Tuttle, 2007-08 Youth of the Year, shares a special family recipe

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Lumpia

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Banana Cheese Cake Pudding



Just Add Family

For more information about Boys & Girls Clubs of America and the Family PLUS initiative, visit us at <http://familyplus.bgca.org>.



**BOYS & GIRLS CLUBS
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